

A white square with a dashed border and a red 'X' across it, containing the text 'Image Deleted' in red.

November 19, 2007

Training and Good Company

1 Tim. 4:7b "...train yourself to be godly."

It is one thing to watch the great cyclist Lance Armstrong win the Tour de France for the seventh time, but few of us can comprehend the grueling training that precedes the crossing of the glory of the finish line. Day after day, in high mountain terrain, even in the cold, freezing rain, Lance Armstrong can be found peddling mile after mile in the face of hard conditions accompanied only by his team trainer in a car.

Training and discipline are requirements for success living as followers of Christ as well. The race is hard and grueling, but disciplined training is vital. There will be those who will attempt to detract us from the goal, and will hold up more comfortable and enticing alternatives. Athletes like Armstrong know that they must keep company with those who share their goal, or they may be tempted to settle for less.

It is true that bad company corrupts good character (1 Cor. 15:33), but don't be misled. "Bad company" is not only about the people we (and our grandchildren) hang out with, but also corrupt company like TV, the internet and video games. Our grandchildren need godly role models and mentors to help them discern between good company and bad company, and to show them the value of strict training in righteousness.

The gift of learning is also a gift of discipline and transformation that is the product of consistent, relentless training, correction and instruction. Godliness does not happen automatically. We can give our grandchildren a powerful and invaluable gift if we can help them learn the value of training to be godly by our own example.

ACTION STEP: Encourage your grandchildren to read and pursue healthy activities rather than sit in from of the TV/Video or the computer. Talk to their parents about what you can do to help them achieve this goal (they will appreciate all the help they can get). Take time to read to them when you can, and give them books and even audio tapes about great Christian men and women. Some reasonable incentives or rewards is not out of line if you can get them to spend more time reading and learning.

GRANDPAUSE: *"Instruct a wise man and he will be wise still; teach a righteous man and he will add to his learning. The fear of the Lord is the beginning of wisdom, and knowledge of the Holy One is understanding." Pr. 9:9-10*

Suggested Reading

I & 2 Timothy

[My Utmost for His Highest, Updated Edition in Today's English](#)

By Oswald Chambers / Discovery House Publishers

[Training Hearts, Teaching Minds](#)

By Starr Meade / P & R Publishing

[Grandpa's Box: Retelling the Biblical Story of Redemption](#)

By Starr Meade / P & R Publishing

CGN Voice of Experience
Christian Grandparenting Network
(719) 522-1404

[Forward to a friend](#)

✉ [SafeUnsubscribe®](#)

This email was sent to voe@christiangrandparenting.net, by

voe@christiangrandparenting.net

[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by

